



Backpack Trails in West Virginia

<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
Barbour			
	Bartlett Run	Pleasant Creek WMA	1.2
	Office	Pleasant Creek WMA	0.4
	Rifle Range	Pleasant Creek WMA	0.8
	Wildlife	Pleasant Creek WMA	1
Cabell			
	Adahi	Tri-State Council, Boy Scouts of America- Camp Arrowhead	18
	Kanawha Trace	Tri-State Council, Boy Scouts of America- Camp Arrowhead	31.7
Doddridge			
	North Bend Rail	North Bend State Park	
Grant			
	Bear Rocks	MNF - Potomac District - Dolly Sods Area	2.4
	Landes	MNF - Potomac District - Seneca Rocks National Recreation Area	1.4
	North Fork Mountain	MNF - Potomac District - Seneca Rocks National Recreation Area	24
	Redman Run	MNF - Potomac District - Seneca Rocks National Recreation Area	1.6
	South Branch	MNF - Potomac District - Seneca Rocks National Recreation Area	3.5
Greenbrier ★			
	Allegheny Mountain	MNF - White Sulphur - Lake Sherwood Recreation Area	3.6
	Anthony Creek	MNF - White Sulphur - Bluebend Recreation Area	3.8
	Big Run	MNF - Gauley District - Summit Lake Recreation Area	1
	Blue Bend Loop Trail	MNF - White Sulphur - Bluebend Recreation Area	5
	Charles Creek	MNF - Gauley District - Summit Lake Recreation Area	1
	Connector	MNF - White Sulphur - Lake Sherwood Recreation Area	1.9
	Eagle Camp	MNF - Gauley District - Summit Lake Recreation Area	1



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	Falls of Hills Creek	MNF - Gauley District - Summit Lake Recreation Area	0.75
	Fisherman	MNF - Gauley District - Summit Lake Recreation Area	1.5
	Frosty Gap	MNF - Gauley District - Summit Lake Recreation Area	5.2
	Greenbrier River Rail	Greenbrier River Trail State Park	33
	Kennison Mountain	MNF - Gauley District - Summit Lake Recreation Area	10.9
	Lake Sherwood	MNF - White Sulphur - Lake Sherwood Recreation Area	3.7
	Little Allegheny	MNF - White Sulphur - Lake Sherwood Recreation Area	4.2
	Meadow Creek	MNF - White Sulphur - Lake Sherwood Recreation Area	2.7
	Meadow Creek Mountain	MNF - White Sulphur - Lake Sherwood Recreation Area	3.5
	North Bend	MNF - Gauley District - Summit Lake Recreation Area	2.4
	Pocahontas	MNF - Gauley District - Summit Lake Recreation Area	20.2
	South Boundary	MNF - White Sulphur - Bluebend Recreation Area	4.8
	South Fork	MNF - Gauley District - Summit Lake Recreation Area	2
	Summit Lake	MNF - Gauley District - Summit Lake Recreation Area	1.8
	Upper Meadow	MNF - White Sulphur - Lake Sherwood Recreation Area	1.2
	Virginia	MNF - White Sulphur - Lake Sherwood Recreation Area	0.6
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<i>Hampshire</i>	17	Nathaniel Mountain WMA	2
	Brushy Hollow	GWJNF - Lee District - Hawk Recreation Area	3
	Buffalo Run	Nathaniel Mountain WMA	3
	County Line	GWJNF - Lee District - Hawk Recreation Area	8.6



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
	Hawk	GWJNF - Lee District - Hawk Recreation Area	5.2
	Mill Run	Nathaniel Mountain WMA	1.2
	Nathaniel Mountain	Nathaniel Mountain WMA	2.8
	Road Connector	Nathaniel Mountain WMA	1
	Short Mountain	Short Mountain WMA	15
	Squirrel Gap	GWJNF - Lee District - Hawk Recreation Area	2.2
	Vances Cove	GWJNF - Lee District - Hawk Recreation Area	6.3
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Hardy			
	Big Sloss	GWJNF - Lee District - Wolf Gap Recreation Area	0.3
	Big Sloss Cutoff	GWJNF - Lee District - Wolf Gap Recreation Area	1.3
	Chimney Rock	GWJNF - Lee District - Trout Pond Recreation Area	0.8
	Fishermen's	GWJNF - Lee District - Trout Pond Recreation Area	0.4
	Half Moon	GWJNF - Lee District - Wolf Gap Recreation Area	3.2
	Half Moon Lookout	GWJNF - Lee District - Wolf Gap Recreation Area	0.8
	Long Mountain	GWJNF - Lee District - Trout Pond Recreation Area	7.8
	Mill Mountain	GWJNF - Lee District - Wolf Gap Recreation Area	6
	North Mountain	GWJNF - Lee District - Trout Pond Recreation Area	6.5
	Peer	GWJNF - Lee District - Wolf Gap Recreation Area	3.2
	Pond Run	GWJNF - Lee District - Wolf Gap Recreation Area	3.9
	Rock Cliff	GWJNF - Lee District - Trout Pond Recreation Area	1
	Trout Pond	GWJNF - Lee District - Trout Pond Recreation Area	2.5
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Harrison			
	North Bend Rail	North Bend State Park	72



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
Jefferson			
	Appalachian Trail - North Section	Appalachian Trail Conference - Mid Atlantic Region	17.4
Kanawha			
	Mary Ingles	WV Scenic Trails Association	
Lincoln			
	Mid Lake Ridge System	Upper Mud WMA	7
Marion			
	West Fork River Rail	Marion County Parks and Recreation	
Marshall			
	Warrior Trail	Warrior Trail Association	22.8
Mason			
	Adahi	Tri-State Council, Boy Scouts of America- Camp Arrowhead	
	Kanawha Trace	Tri-State Council, Boy Scouts of America- Camp Arrowhead	
Monongalia			
	Caperton Rail	Monongahela River Trail Conservancy	8
	Cheat Lake Rail	Allegheny Energy Supply	4.5
	Deckers Creek Rail	Monongahela River Trail Conservancy	19
	Mon River Trail North	Monongahela River Trail Conservancy	6
	Mon River Trail South	Monongahela River Trail Conservancy	17
Monroe ★			
	Appalachian Trail - South Section	Appalachian Trail Conference - Mid Atlantic Region	7.7
Morgan			
	Sleepy Creek Trail	Sleepy Creek WMA	35
Nicholas			
	Cranberry /Tri Rivers Rail	Richwood	16.5
	Fork Mountain	MNF - Gauley District - Summit Lake Recreation Area	20.9
	Forks Spur	MNF-Cranberry	1
Pendleton			
	Bother Ridge	GWJNF - Dry River District - Brandywine Recreation Area	3.1
	High Knob	GWJNF - Dry River District - Brandywine Recreation Area	2.7



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	Miller Run	GWJNF - Dry River District - Brandywine Recreation Area	4.6
	North Fork Mountain	MNF - Potomac District - Seneca Rocks National Recreation Area	
	Road Run	GWJNF - Dry River District - Brandywine Recreation Area	1.4
	Sawmill	GWJNF - Dry River District - Brandywine Recreation Area	3.6
	Sugar Run	GWJNF - Dry River District - Brandywine Recreation Area	4.5
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<i>Pocahontas</i>			
	Bannock Shoals Run	MNF - Marlinton District - Tea Creek Recreation Area	4.8
	Bar Ford	MNF - Greenbrier District - Little Mountain Area	1.5
	Bear Pen Ridge	MNF - Marlinton District - Tea Creek Recreation Area	3.5
	Beaver	MNF - Marlinton District - Beaver Creek Area	1.4
	Beaver Creek	MNF - Marlinton District - Beaver Creek Area	0.4
	Big Beechy	MNF - Gauley District - Cranberry Wilderness Area	5.4
	Birch Log	MNF - Gauley District - Cranberry Wilderness Area	3
	Black Mountain	MNF - Marlinton District - Highlands Scenic Highway Area	2.4
	Black Mountain	MNF - Gauley District - Cranberry Wilderness Area	2
	Boundary	MNF - Marlinton District - Tea Creek Recreation Area	3.9
	Brushy Mountain	MNF - White Sulphur - Middle Mountain Area	2.1
	Buffalo Fork Lake	MNF - Greenbrier District - Island Campground Area	1.1
	Burner Mountain	MNF - Greenbrier District - Middle Mountain Area	3.6
	County Line	MNF - Gauley District - Cranberry Wilderness Area	11.2



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
	Cow Pasture	MNF - Gauley District - Cranberry Glades Botanical Area	5.5
	Cranberry Glades Overlook	MNF - Marlinton District - Highlands Scenic Highway Area	0.3
	Cranberry Ridge	MNF - Gauley District - Cranberry Wilderness Area	7
	Cranberry Volkswalk	MNF - Gauley District - Cranberry Glades Botanical Area	6
	District Line	MNF - Gauley District - Cranberry Wilderness Area	2.8
	Dock	MNF - White Sulphur - Middle Mountain Area	2
	East Fork	MNF - Greenbrier District - Island Campground Area	8
	Flame Azalea	MNF - Marlinton District - Sugar Camp Area	0.3
	Forks of Cranberry	MNF - Gauley District - Cranberry Wilderness Area	5.7
	Gauley Mountain	MNF - Marlinton District - Tea Creek Recreation Area	5.2
	Gauley Mountain Base System	Elk River Touring Center	4.5
	Greenbrier River Rail	Greenbrier River Trail State Park	42
	High Rock	MNF - Marlinton District - Highlands Scenic Highway Area	1.6
	Hinkle Run ★	MNF - Greenbrier District - Middle Mountain Area	3.7
	Hosterman	MNF - Greenbrier District - Little Mountain Area	5.2
	Jacobs Well Trail	MNF - Marlinton District - Beaver Creek Area	
	Johns Camp Run	MNF - Greenbrier District - Shavers Mountain Area	0.8
	Laurel Creek	MNF - Marlinton District - Pocahontas Recreation Area	8.8
	Laurelly Branch	MNF - Gauley District - Cranberry Wilderness Area	3.4
	Lick Branch	MNF - Gauley District - Cranberry Wilderness Area	2.1



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
	Little Fork	MNF - Gauley District - Cranberry Wilderness Area	3.5
	Little Mountain	MNF - Greenbrier District - Little Mountain Area	2.5
	Lynn Knob	MNF - Greenbrier District - Middle Mountain Area	3.9
	Middle Fork	MNF - Gauley District - Cranberry Wilderness Area	10
	Middle Mountain	MNF - White Sulphur - Middle Mountain Area	13.1
	Middle Mountain North	MNF - Marlinton District - Pocahontas Recreation Area	4.6
	Middle Mountain South	MNF - White Sulphur - Middle Mountain Area	1.3
	North - South	MNF - Gauley District - Cranberry Wilderness Area	14
	North Face	MNF - Marlinton District - Tea Creek Recreation Area	3.1
	North Fork	MNF - Greenbrier District - North Fork of Deer Creek Area	2.9
	North Fork	MNF - Gauley District - Cranberry Wilderness Area	6.5
	Peters Mountain	MNF - Greenbrier District - Little Mountain Area	5.5
	Poca Run ★	MNF - Greenbrier District - Island Campground Area	2.5
	Props Run Connector	Pocahontas County Commission	
	Red Run	MNF - Marlinton District - Tea Creek Recreation Area	2.5
	Red Spruce Knob	MNF - Marlinton District - Highlands Scenic Highway Area	1.2
	Right Fork Connector	MNF - Marlinton District - Tea Creek Recreation Area	0.6
	Rough Run	MNF - Gauley District - Cranberry Wilderness Area	3
	Saddle Loop	MNF - Marlinton District - Tea Creek Recreation Area	1.7
	Shavers Fork	MNF - Greenbrier District - North Fork of Deer Creek Area	



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
	Smoke Camp	MNF - Greenbrier District - Island Campground Area	1.8
	Span Oak	MNF - Greenbrier District - Middle Mountain Area	3.7
	Spruce	Pocahontas County Commission	5
	Tumbling Rock	MNF - Gauley District - Cranberry Wilderness Area	2.5
	Turkey Point	MNF - Marlinton District - Tea Creek Recreation Area	1.5
	Turkey Point Connector	MNF - Marlinton District - Tea Creek Recreation Area	1.3
	Twin Branch	MNF - Gauley District - Cranberry Wilderness Area	1.5
	Two Lick	MNF - Marlinton District - Pocahontas Recreation Area	4.3
	West Fork Rail	MNF - Greenbrier District - Shavers Mountain Area	22
	Williams River	MNF - Marlinton District - Tea Creek Recreation Area	3
<i>Preston</i>	Kingwood to Tunnelton Rail	Friends of The Cheat	10
<i>Putnam</i>	Kanawha Trace	Tri-State Council, Boy Scouts of America- Camp Arrowhead	
<i>Randolph</i>	Allegheny Highlands	Highlands Trail Foundation	23.6
	Allegheny Mountain Trail	MNF - Potomac District - Spruce Knob National Recreation Area	12.4
	Back Ridge	MNF - Potomac District - Spruce Knob National Recreation Area	4.6
	Balsam	MNF - Greenbrier District - Shavers Mountain Area	
	Bear Hunter	MNF - Potomac District - Spruce Knob National Recreation Area	1
	Bee	MNF - Potomac District - Spruce Knob National Recreation Area	1.6
	Beulah	MNF - Greenbrier District - Middle Mountain Area	4.3



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
	Big Run	MNF - Potomac District - Spruce Knob National Recreation Area	3.1
	Boars Nest	MNF - Potomac District - Flatrock and Roaring Plains Area	2.7
	Camp Five	MNF - Greenbrier District - Middle Mountain Area	1.6
	Chestnut Ridge	MNF - Greenbrier District - Cheat Mountain Area	5.5
	Couch Ridge	MNF - Greenbrier District - Cheat Mountain Area	2.9
	County Line	MNF - Greenbrier District - Middle Mountain Area	4.1
	Elza	MNF - Potomac District - Spruce Knob National Recreation Area	2
	Flatrock Run	MNF - Potomac District - Flatrock and Roaring Plains Area	5.1
	Forks	MNF - Greenbrier District - Middle Mountain Area	1.1
	Gaudineer Interpretive	MNF - Gaudineer Scenic Area	0.5
	High Falls	MNF - Greenbrier District - Shavers Mountain Area	2.9
	High Meadows	MNF - Potomac District - Spruce Knob National Recreation Area	1.9
	Horton	MNF - Potomac District - Spruce Knob National Recreation Area	3.5
	Huckleberry	MNF - Potomac District - Spruce Knob National Recreation Area	6
	Judy Springs	MNF - Potomac District - Spruce Knob National Recreation Area	1
	Laurel River (North)	MNF - Greenbrier District - Middle Mountain Area	9.6
	Laurel River (South)	MNF - Greenbrier District - Middle Mountain Area	7.6
	Leading Ridge	MNF - Potomac District - Spruce Knob National Recreation Area	5.1
	Lumberjack	MNF - Potomac District - Spruce Knob National Recreation Area	3.3
	McGray Run	MNF - Greenbrier District - Middle Mountain Area	4.7



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
	Middle Mountain	MNF - Greenbrier District - Middle Mountain Area	1.2
	North Prong	MNF - Potomac District - Spruce Knob National Recreation Area	2.8
	Roaring Plains	MNF - Potomac District - Flatrock and Roaring Plains Area	3.3
	Seneca Creek	MNF - Potomac District - Spruce Knob National Recreation Area	5
	Seneca Rocks Hiking	MNF - Potomac District - Seneca Rocks National Recreation Area	1.3
	Shallow Rock	MNF - Potomac District - Spruce Knob National Recreation Area	3.2
	Short	MNF - Potomac District - Spruce Knob National Recreation Area	0.5
	South Prong	MNF - Potomac District - Flatrock and Roaring Plains Area	5.9
	Spring Box Loop	MNF - Greenbrier District - Middle Mountain Area	1.8
	Spring Ridge	MNF - Potomac District - Spruce Knob National Recreation Area	3.1
	Spruce Knob Lake	MNF - Potomac District - Spruce Knob National Recreation Area	1
	Stone Camp Run	MNF - Greenbrier District - Middle Mountain Area	1.5
	Stonecoal Ridge	MNF - Greenbrier District - Cheat Mountain Area	4
	Strip Mine	MNF - Greenbrier District - Cheat Summit Fort Area	4
	Tom Lick Run	MNF - Potomac District - Spruce Knob National Recreation Area	1.1
	Turkey	MNF - Greenbrier District - Cheat Mountain Area	1
	West Fork Rail	MNF - Greenbrier District - Shavers Mountain Area	
	Whispering Spruce	MNF - Potomac District - Spruce Knob National Recreation Area	0.5
	Whitemeadow Ridge	MNF - Greenbrier District - Cheat Mountain Area	4.6



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	Wildcat Ridge	MNF - Greenbrier District - Cheat Mountain Area	1
	Yokum Ridge Spur	MNF - Greenbrier District - Cheat Mountain Area	1
<i>Ritchie</i>	Extra Mile	North Bend State Park	0.6
	North Bend Rail	North Bend State Park	
<i>Roane</i>	Coachman Ridge	Wallback WMA	1.1
	Granny Creek	Wallback WMA	1.8
	Upper King Shoals	Wallback WMA	1.7
<i>Summers</i>	Bluestone Turnpike	NPS- Bluestone River National Scenic River	8
<i>Taylor</i>	Camping	Pleasant Creek WMA	0.5
	Doe Run	Pleasant Creek WMA	2.3
	Ridge	Pleasant Creek WMA	0.7
<i>Tucker</i>	A Frame Road	Canaan Valley National Wildlife Refuge	4.8
	Allegheny Highlands	Highlands Trail Foundation	
	Baker Sods	MNF - Cheat District - Otter Creek Wilderness Area	3
	Beall	Canaan Valley National Wildlife Refuge	4.53
	Beaver Dam	MNF - Potomac District - Dolly Sods Area	0.7
	Beaver View	MNF - Potomac District - Dolly Sods Area	1.2
	Bennett Rock	MNF - Cheat District - Canaan Mountain Area	0.7
	Big Springs Gap	MNF - Cheat District - Otter Creek Wilderness Area	0.9
	Big Stonecoal	MNF - Potomac District - Dolly Sods Area	4.4
	Blackbird Knob	MNF - Potomac District - Dolly Sods Area	2.2
	Blackbird Knob	Canaan Valley National Wildlife Refuge	0.65



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
	Blackwater Canyon Railroad Grade	MNF - Cheat District - Backbone Mountain Area	10.2
	Blackwater View	Canaan Valley National Wildlife Refuge	1.38
	Boundary	MNF - Cheat District - Backbone Mountain Area	3.5
	Breathed Mountain	MNF - Potomac District - Dolly Sods Area	2.5
	Brown Mountain	Canaan Valley National Wildlife Refuge	2.38
	Brown Mountain Overlook	Canaan Valley National Wildlife Refuge	1.96
	Cabin Mountain	Canaan Valley National Wildlife Refuge	2
	Cabin Mountain Spur	Canaan Valley National Wildlife Refuge	0.79
	Camp 70 Loop	Canaan Valley National Wildlife Refuge	1.8
	Canyon Rim	MNF - Cheat District - Backbone Mountain Area	3.1
	Clover	MNF - Cheat District - Pheasant Mountain Area	2
	Davis	MNF - Cheat District - Canaan Mountain Area	2.8
	Dobbin Grade	MNF - Potomac District - Dolly Sods Area	4.3
	Dorman Ridge	MNF - Cheat District - Horseshoe Recreation Area	1.3
	Fansler	MNF - Cheat District - Backbone Mountain Area	3.1
	Fire Trail #1	MNF - Cheat District - Canaan Mountain Area	0.4
	Fire Trail #2	MNF - Cheat District - Canaan Mountain Area	0.4
	Fire Trail #3	MNF - Cheat District - Canaan Mountain Area	0.8
	Fire Trail #6	MNF - Cheat District - Canaan Mountain Area	1.1
	Firelane Split	MNF - Cheat District - Canaan Mountain Area	2
	Fisher Spring Run	MNF - Potomac District - Dolly Sods Area	2.3
	Flag Run	MNF - Cheat District - Canaan Mountain Area	1
	Forest Road 80	Canaan Valley National Wildlife Refuge	1.91



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<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
	Freeland	Canaan Valley National Wildlife Refuge	0.24
	Green Mountain	MNF - Cheat District - Otter Creek Wilderness Area	4
	Harman	MNF - Potomac District - Dolly Sods Area	1.4
	Hedrick Camp	MNF - Cheat District - Otter Creek Wilderness Area	1
	Horseshoe Run Nature	MNF - Cheat District - Horseshoe Recreation Area	0.5
	Idleman's Run	Canaan Valley National Wildlife Refuge	0.39
	Limerock	MNF - Cheat District - Backbone Mountain Area	4.1
	Lindy Run	MNF - Cheat District - Canaan Mountain Area	2.8
	Little Stonecoal	MNF - Potomac District - Dolly Sods Area	1.8
	Losh Run	MNF - Cheat District - Horseshoe Recreation Area	1.8
	Maxwell Run	MNF - Cheat District - Horseshoe Recreation Area	2.1
	McGowan Mountain	MNF - Cheat District - Otter Creek Wilderness Area	3.5
	McKinley Run	MNF - Cheat District - Horseshoe Recreation Area	1
	Middle Point★	MNF - Cheat District - Otter Creek Wilderness Area	1.6
	Middle Valley	Canaan Valley National Wildlife Refuge	6.23
	Mikes Run	MNF - Cheat District - Horseshoe Recreation Area	4
	Moore Run	MNF - Cheat District - Otter Creek Wilderness Area	4.1
	Mountainside	MNF - Cheat District - Canaan Mountain Area	4.8
	Mylius	MNF - Cheat District - Otter Creek Wilderness Area	2.4
	Northland Loop Interpretive	MNF - Potomac District - Dolly Sods Area	0.3
	Otter Creek	MNF - Cheat District - Otter Creek Wilderness Area	11.4



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	Pheasant Mountain	MNF - Cheat District - Pheasant Mountain Area	4.7
	Plantation	MNF - Cheat District - Canaan Mountain Area	8.4
	Pointy Knob	MNF - Cheat District - Canaan Mountain Area	5.2
	Possession Camp	MNF - Cheat District - Otter Creek Wilderness Area	3.3
	Railroad Grade	MNF - Cheat District - Canaan Mountain Area	3.1
	Raven's Ridge	MNF - Potomac District - Dolly Sods Area	2.8
	Red Creek	MNF - Potomac District - Dolly Sods Area	6.1
	Rocky Point	MNF - Potomac District - Dolly Sods Area	1.8
	Rocky Ridge	MNF - Potomac District - Dolly Sods Area	3
	Rohrbaugh Plains	MNF - Potomac District - Dolly Sods Area	3.5
	Sand Run	Canaan Valley National Wildlife Refuge	0.94
	Shavers Mountain	MNF - Cheat District - Otter Creek Wilderness Area	10
	Shingletree South	MNF - Cheat District - Pheasant Mountain Area	4.5
	South Haddix	MNF - Cheat District - South Haddix Area	6.8
	Swinging Bridge	Canaan Valley National Wildlife Refuge	1.07
	Table Rock Overlook	MNF - Cheat District - Canaan Mountain Area	1.1
	Thomas Loop	Thomas Parks & Recreation	1
	Thomas Parks	Thomas Parks & Recreation	8
	Turkey Run	MNF - Cheat District - Otter Creek Wilderness Area	4
	Valley Overlook	Canaan Valley National Wildlife Refuge	0.06
	Yellow Creek	MNF - Cheat District - Otter Creek Wilderness Area	1.3

Various

Allegheny MNF



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Wayne			
	Mary Davis	Wayne County Commission	3.5
Webster			
	Adkins Rockhouse	MNF - Gauley District - Bishop Knob Recreation Area	2.1
	Barrenshe	MNF - Gauley District - Bishop Knob Recreation Area	4.5
	Bishop Knob	MNF - Gauley District - Bishop Knob Recreation Area	2.5
	Cranberry Ridge	MNF - Gauley District - Bishop Knob Recreation Area	2.5
	Hinkle Branch	MNF - Gauley District - Bishop Knob Recreation Area	1.2
Wood			
	Copperhead Road	Mountwood Park	3
	Dark Side of the Moon	Mountwood Park	2
	Gary's Grind	Mountwood Park	2
	Haystack	Mountwood Park	3
	Hunters Roost	Mountwood Park	1
	Lake	Mountwood Park	3.5
	Little Kanawha Connector	Parkersburg	0.5
	Medicine Man	Mountwood Park	2.5
	North Bend Rail	North Bend State Park	
	Stiles Mansion	Mountwood Park	2.5
	Tecumseh	Mountwood Park	2.5
	Trip to the Moon	Mountwood Park	2
	White Oak	Mountwood Park	3