



Mountain Bike Trails in West Virginia

<i>County</i>	<i>Trail Name</i>	<i>Land Manager</i>	<i>Length in Miles</i>
Barbour			
	Alum Cave	Audra State Park	2.7
	Dayton Park Riverfront Walk	Philippi	2.5
	Riverside	Audra State Park	2
Berkeley			
	Hedgesville Park	Martinsburg Berkeley County Parks and Recreation	0.5
	Poor House Farm Park	Martinsburg Berkeley County Parks and Recreation	6
	Tuscarora Creek Linear Park	Martinsburg Berkeley County Parks and Recreation	0.5
Braxton			
	Billy Linger	Elk River WMA	2.2
	Canoe River	Elk River WMA	1.8
	Cherry Tree Hunting	Elk River WMA	1.7
	Dynamite	Elk River WMA	0.5
	Gibson	Elk River WMA	0.45
	Hickory Flats	Elk River WMA	2.4
	Stony Creek Hunting	Elk River WMA	2.5
	Tower Falls	Elk River WMA	0.4
	Weston to Gauley Bridge Turnpike	US Army - Corps of Engineers	10
	Woodell	Elk River WMA	1.1
Brooke			
	★ Brooke Pioneer Rail	Brooke Pioneer Rail Trail Foundation	6.7
	Follansbee City Park Nature	Follansbee	0.3
	Panhandle Rail	Weirton Parks and Recreation	4
	Wellsburg Yankee Rail	Wellsburg	1.1
Cabell			
	Ritter & Boulevard Parks	Greater Huntington Park & Recreation District	6
	Rotary Park	Greater Huntington Park & Recreation District	0.5
	YMCA - Kennedy Outdoor Recreation	Huntington YMCA	1
Calhoun			
	Calhoun County Park	Calhoun County Commission	3.5



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Clay			
	Clay County Park	Clay County Parks	2
Doddridge			
	North Bend Rail	North Bend State Park	
Fayette			
	Brooklyn Mine	NPS - New River Gorge National River - Thurmond, Minden, Cunard	2
	Church Loop	NPS - New River Gorge National River - Thurmond, Minden, Cunard	0.1
	Fayette County Park	Fayette County Parks	10
	Hawks Nest Rail	Ansted	1.8
	Kaymoor	NPS - New River Gorge National River - Kaymoor Area	8.7
	Narrow Gauge Rail	Babcock State Park	3.5
	Southside	NPS - New River Gorge National River - Thurmond, Minden, Cunard	7
	Stone Cliff Trail	NPS - New River Gorge National River - Thurmond, Minden, Cunard	2.7
	Thurmond - Minden	NPS - New River Gorge National River - Thurmond, Minden, Cunard	3.4
Greenbrier			
	Beaver's Tail	MNF - White Sulphur - Bluebend Recreation Area	0.3
	Greenbrier River Rail L & R	Greenbrier River Trail State Park	33
	Lake Sherwood	MNF - White Sulphur - Lake Sherwood Recreation Area	3
Hardy			
	Baker Park	Moorefield	2.5
	Covey Cove	Lost River State Park	0.5
	East Ridge	Lost River State Park	2.5
	Red Fox	Lost River State Park	0.25
	Welton Park	Petersburg	3
Harrison			
	Bridgeport City Park Loop	Bridgeport Parks and Recreation	2
	Burr Smith	Watters Smith Memorial State Park	1.3



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	Clarksburg City Park	Clarksburg Board of Parks Commissioners	1
	Dogwood	Watters Smith Memorial State Park	0.6
	Harrison County Hike & Bike Rail	Harrison County Parks and Recreation	7
	Harrison County Southern Rail	Harrison County Parks and Recreation	5
	North Bend Rail	North Bend State Park	72
	Nutter Fork Park	Nutter Fork	1
	Rachel Hershey	Watters Smith Memorial State Park	1.2
	Smith Cemetery	Watters Smith Memorial State Park	0.2
	West Fork River Rail	Marion County Parks and Recreation	14
	White Oak	Watters Smith Memorial State Park	1.3
<i>Jackson</i>	Jackson County Fairgrounds	Jackson County Commission	1
<i>Kanawha</i>	#1 Store	Kanawha State Forest	0.25
	Alligator Rock	Kanawha State Forest	0.5
	Ballard	Kanawha State Forest	1.5
	Beech Glen	Kanawha State Forest	1.5
	Black Bear Mountain Bike	Kanawha State Forest	1
	CCC Snipe	Kanawha State Forest	0.75
	Charleston City Parks	Charleston Parks and Recreation	5
	Charleston Riverfront	Charleston Parks and Recreation	7.5
	Davis Creek★	Kanawha State Forest	2.5
	Elk River Rail	Kanawha County Parks and Recreation	1
	Hemlock Falls	Kanawha State Forest	0.75
	Johnson Hollow	Kanawha State Forest	0.75
	Lindy	Kanawha State Forest	0.5
	Mary Ingles	WV Scenic Trails Association	
	Middle Ridge	Kanawha State Forest	3
	Mossy Rock	Kanawha State Forest	0.75
	Northgate Business Park	Charleston Parks and Recreation	0.8
	Overlook Rock	Kanawha State Forest	1.5
	Pigeon Roost	Kanawha State Forest	0.75
	Pine Ridge Trail to Dunlap Hollow	Kanawha State Forest	1.5
	Polecat	Kanawha State Forest	1.5
	Polly	Kanawha State Forest	1.5



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	Rattlesnake	Kanawha State Forest	1
	Rocky Ridge	Kanawha State Forest	2
	Teaberry Rock	Kanawha State Forest	1.5
	White Hollow	Kanawha State Forest	2
	Wildcat Ridge	Kanawha State Forest	2
	Wine Cellar Nature	Dunbar Parks and Recreation	0.6
Lewis			
	Autumn Laurel Brook	Stonewall Jackson Resort State Park	1
	Hevener Orchard	Stonewall Jackson Resort State Park	3.5
	Overlook	Stonewall Jackson Resort State Park	0.5
Logan			
	Backbone	Chief Logan State Park	3
	Buffalo	Chief Logan State Park	2.2
	Cliffside	Chief Logan State Park	1.1
	Coal Mine	Chief Logan State Park	1
	Fitness	Chief Logan State Park	1
	Guyandotte Beauty	Chief Logan State Park	1.1
	Lake Shore	Chief Logan State Park	1.1
	Shawnee	Chief Logan State Park	0.5
	Waterfall	Chief Logan State Park	0.75
	Wild Turkey	Chief Logan State Park	1.3
	Wilderness	Chief Logan State Park	6
	Woodpecker★	Chief Logan State Park	2.3
Marion			
	Deer	Valley Falls State Park	2.1
	McTrail	Marion County Parks and Recreation	2.5
	North Marion Rail	Mannington Main Street	2
	Red Cardinal	Valley Falls State Park	2
	Rhododendron	Valley Falls State Park	3.2
	Rocky	Valley Falls State Park	2
	West Fork River Rail	Marion County Parks and Recreation	
	Wild Turkey	Valley Falls State Park	1.2
Mason			
	Nature	WV Farm Museum	1
McDowell			
	McDowell County	Gary	1



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<i>Mercer</i>			
	Acorn Ridge	Pinnacle Rock State Park	2
	Bear Wallow	Camp Creek State Park	5
	Deer Crossing	Camp Creek State Park	1.2
	Farley Ridge	Camp Creek State Park	2.3
	Glenwood Park Walking	Glenwood Recreational Park	0.57
	Homestead	Pinnacle Rock State Park	4
	Lotito City Park	Bluefield	0.75
	Neely Knob	Camp Creek State Park	2
	Princeton City Park	Princeton	0.5
	Turkey Loop	Camp Creek State Park	10
	Turkey Rock	Pinnacle Rock State Park	2
	White Oak	Camp Creek State Park	1.3
<i>Mineral</i>			
	Barnum Whitewater Area Rail	Mineral County Parks and Recreation	4.2
<i>Mingo</i>			
	Flood Wall Path	Williamson	1.3
<i>Monongalia</i>			
	Caperton Rail	Monongahela River Trail Conservancy	8
	Cheat Lake Rail	Allegheny Energy Supply	4.5
	Deckers Creek Rail	Monongahela River Trail Conservancy	19
	Krepps Park	Morgantown Board of Parks and Recreation Commissioners	1
	Mason Dixon Line	Core	3
	Mon River Trail North	Monongahela River Trail Conservancy	6
	Mon River Trail South	Monongahela River Trail Conservancy	17
	White Park	Morgantown Board of Parks and Recreation Commissioners	8
	Whitemoore Park	Morgantown Board of Parks and Recreation Commissioners	2
<i>Morgan</i>			
	Multipurpose	Cacapon Resort State Park	0.3
	Sleepy Creek Trail	Sleepy Creek WMA	35
	Ziler	Cacapon Resort State Park	7
<i>Nicholas</i>			
	Cranberry /Tri Rivers Rail	Richwood	16.5



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	Forks Spur	MNF-Cranberry	1
Ohio	Glen Dale to Moundsville Rail	Moundsville	3.4
	Wheeling Heritage Rail	Wheeling	12
Pleasants	Gobblers Knob	Boys and Girls Clubs of Pleasants County	1.5
Pocahontas	Ann Bailey	Watoga State Park	3
	Bear Pen Ridge	MNF - Marlinton District - Tea Creek Recreation Area	3.5
	Big Mountain Road	Seneca State Forest	1
	Big Run Road	Seneca State Forest	2
	Black Oak	Seneca State Forest	1
	Boundary	MNF - Marlinton District - Tea Creek Recreation Area	3.9
	Burnside Ridge	Watoga State Park	3
	Clover Lick Road	Seneca State Forest	2
	Cranberry Ridge	MNF - Gauley District - Cranberry Wilderness Area	7
	Crestline	Seneca State Forest	2
	Durbin Trail	Division of Natural Resources	16
	Gauley Mountain	MNF - Marlinton District - Tea Creek Recreation Area	5.2
	Gauley Mountain Base System	Elk River Touring Center	4.5
	Greenbrier River Rail	Greenbrier River Trail State Park	42
	Hill Top	Seneca State Forest	1
	Little Mountain	Seneca State Forest	1
	Loop Road	Seneca State Forest	3
	Michael Mountain Road	Seneca State Forest	2
	North Face	MNF - Marlinton District - Tea Creek Recreation Area	3.1
	Props Run Connector	Pocahontas County Commission	
	Red Run	MNF - Marlinton District - Tea Creek Recreation Area	2.5
	Right Fork Connector	MNF - Marlinton District - Tea Creek Recreation Area	0.6



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	South Burnside	Watoga State Park	1
	Spruce Knob Lake	WV Rails to Trails Council	3
	Tea Creek	MNF - Marlinton District - Tea Creek Recreation Area	6.8
	Thomas Mountain Road	Seneca State Forest	2
	Thorny Creek	Seneca State Forest	6
	West Fork Rail	MNF - Greenbrier District - Shavers Mountain Area	22
	Williams River	MNF - Marlinton District - Tea Creek Recreation Area	3
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<i>Preston</i>	Chestnut Ridge Park	Bruceton Mills	6
	Coopers Rock Roadside	Coopers Rock State Forest	
	Kingwood to Tunnelton Rail	Friends of The Cheat	10
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<i>Putnam</i>	Eleanor - Blue	Putnam County Parks	1.9
	Eleanor - Orange	Putnam County Parks	0.6
	Eleanor - Red	Putnam County Parks	0.4
	Eleanor - Yellow	Putnam County Parks	1
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<i>Raleigh</i>	Beaver Creek	Little Beaver State Park	0.5
	Beckley Rail	Beckley	4
	Billy Goat's Gruff	Little Beaver State Park	0.6
	Creek Bed	Little Beaver State Park	0.4
	Deer Loop	Little Beaver State Park	0.4
	Deer Trail	Little Beaver State Park	0.8
	Laurel Creek Crossing	Little Beaver State Park	1.75
	Nature Ridge	Little Beaver State Park	0.8
	Railroad Grade	Little Beaver State Park	0.9
	Rhododendron Run	Little Beaver State Park	2.1
	Topper's Ridge	Little Beaver State Park	0.6
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<i>Randolph</i>	Allegheny Highlands	Highlands Trail Foundation	23.6
	Glendale Park	Elkins Parks and Recreation Commission	1



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	West Fork Rail	MNF - Greenbrier District - Shavers Mountain Area	
<i>Ritchie</i>			
	Access	North Bend State Park	1.2
	Castle Rock Spur	North Bend State Park	0.3
	Extra Mile	North Bend State Park	0.6
	Giant Pine	North Bend State Park	0.6
	Giant Tree	North Bend State Park	0.5
	Gibbons Nature	North Bend State Park	0.25
	Harrisville Municipal Park	Harrisville	6
	Hibbs Cemetery	North Bend State Park	1
	Lake	North Bend State Park	6
	Nature	North Bend State Park	4
	North Bend Lake	North Bend State Park	25
	North Bend Rail	North Bend State Park	
	Overhanging Rock	North Bend State Park	0.5
	Overlook	North Bend State Park	1.2
	Southern Railroad	North Bend State Park	1.5
	Tanker Run Spur	North Bend State Park	0.8
	Ten Acre	North Bend State Park	3
<i>Roane</i>			
	Charles Fork Lake	Spencer	
	Coachman Ridge	Wallback WMA	1.1
	Granny Creek	Wallback WMA	1.8
	Upper King Shoals	Wallback WMA	1.7
<i>Summers</i>			
	Bluestone Turnpike	NPS- Bluestone River National Scenic River	8
	County Line	Pipestem Resort State Park	1.9
	Lake Shore	Pipestem Resort State Park	2.2
	Lake View	Pipestem Resort State Park	0.4
	Law Hollow	Pipestem Resort State Park	0.5
	Long Branch	Pipestem Resort State Park	0.3
	Red Sulphur Turnpike	Bluestone WMA	2
	River	Pipestem Resort State Park	5.25
	Upper Shanklin's Ferry	Bluestone WMA	1.5



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Taylor			
	Dogwood	US Army - Corps of Engineers - Tygart Lake	0.1
Tucker			
	A Frame Road	Canaan Valley National Wildlife Refuge	4.8
	Allegheny Highlands	Highlands Trail Foundation	
	Back Hollow	Canaan Valley Resort State Park	3
	Balanced Rock	Blackwater Falls State Park	1
	Balsam Fir	Blackwater Falls State Park	1.5
	Beaver Creek Trail	Canaan Valley Institute	1.2
	Blackbird Knob	Canaan Valley National Wildlife Refuge	0.65
	Blackwater Canyon Railroad Grade	MNF - Cheat District - Backbone Mountain Area	10.2
	Blackwater View	Canaan Valley National Wildlife Refuge	1.38
	Brown Mountain	Canaan Valley National Wildlife Refuge	2.38
	Cabin Mountain	Canaan Valley National Wildlife Refuge	2
	Cabin Mountain Spur	Canaan Valley National Wildlife Refuge	0.79
	Camp 70 Loop	Canaan Valley National Wildlife Refuge	1.8
	Cherry Lane	Blackwater Falls State Park	1
	Club Run	Canaan Valley Resort State Park	1
	Davis	MNF - Cheat District - Canaan Mountain Area	2.8
	Davis	Blackwater Falls State Park	0.25
	Dobbin House	Blackwater Falls State Park	0.75
	Forest Road 80	Canaan Valley National Wildlife Refuge	1.91
	JoJo's Curve	Canaan Valley Institute	0.5
	JoJo's Curve	Canaan Valley Institute	0.5
	Lindy Point	Blackwater Falls State Park	0.37
	Middle Ridge	Canaan Valley Resort State Park	2.5
	Middle Valley	Canaan Valley National Wildlife Refuge	6.23
	Pase Point	Blackwater Falls State Park	0.7
	Pheasant Mountain	MNF - Cheat District - Pheasant Mountain Area	4.7
	Railroad Grade	MNF - Cheat District - Canaan Mountain Area	3.1
	Red Spruce Riding	Blackwater Falls State Park	1.25
	Rhododendron	Blackwater Falls State Park	0.5



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	Ridge Top	Canaan Valley Resort State Park	0.13
	River Road	Blackwater Falls State Park	1.56
	Rock Shox	Canaan Valley Institute	0.75
	Rock Shox Trail	Canaan Valley Institute	0.75
	Shay Trace	Blackwater Falls State Park	0.75
	Sherald's Shunt	Canaan Valley Institute	0.75
	Sherald's Shunt	Canaan Valley Institute	0.75
	Swinging Bridge	Canaan Valley National Wildlife Refuge	1.07
	Thomas Loop	Thomas Parks & Recreation	1
	Thomas Parks	Thomas Parks & Recreation	8
	Trials Road	Canaan Valley Institute	1.5
	Trials Road	Canaan Valley Institute	1.5
	Two Camp Trail	MNF - Cheat District - Canaan Mountain Area	0.3
	Watertank	Blackwater Falls State Park	0.25
	Yellow Birch	Blackwater Falls State Park	1
<i>Tyler</i>	Sisterville River	Tyler County Development Authority	0.5
<i>Upshur</i>	River	Buckhannon	0.33
<i>Wayne</i>	Lakeview	Beechfork State Park	1
	Lost	Beechfork State Park	5
	Mary Davis	Wayne County Commission	3.5
	Nature	Beechfork State Park	0.75
	Overlook	Beechfork State Park	1
	Physical Fitness	Beechfork State Park	0.8
<i>Webster</i>	Ridge Road	Holly River State Park	6.1
	Three Falls of Back Fork	Webster Springs (Addison)	4.6
<i>Wetzel</i>	East Wetzel Rail	Hundred Area Pride	1.5
<i>Wood</i>	Copperhead Road	Mountwood Park	3
	Dark Side of the Moon	Mountwood Park	2
	Gary's Grind	Mountwood Park	2



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	Haystack	Mountwood Park	3
	Hunters Roost	Mountwood Park	1
	Lake	Mountwood Park	3.5
	Little Kanawha Connector	Parkersburg	0.5
	Medicine Man	Mountwood Park	2.5
	Stiles Mansion	Mountwood Park	2.5
	Tecumseh	Mountwood Park	2.5
	Trip to the Moon	Mountwood Park	2
	White Oak	Mountwood Park	3

Wyoming

	Moonshiner's	Twin Falls State Park	3.25
	Rocky Road	Twin Falls State Park	3

