



Kanawha County Trails

By Usage Type

Trail Name	Land Manager	Length (in miles)	Day Hike	Backpacking	Interpretive	Fitness	Mtn Bike	Equestrian	X-Country Skiing	ADA	ATV	Dirt Bike	OHV	Water Trails
#1 Store	Kanawha State Forest	0.3	Y	N	N	N	Y	N	N	N	N	N	N	N
Alligator Rock	Kanawha State Forest	0.5	Y	N	N	N	Y	N	N	N	N	N	N	N
Ballard	Kanawha State Forest	1.5	Y	N	N	N	Y	N	N	N	N	N	N	N
Beech Glen	Kanawha State Forest	1.5	Y	N	N	N	Y	N	N	N	N	N	N	N
Black Bear Mountain Bike	Kanawha State Forest	1	Y	N	N	N	Y	N	N	N	N	N	N	N
Carriage	Charleston Parks and Recreation - Sunrise	0.5	Y	N	N	N	N	N	N	N	N	N	N	N
Cato Park	Charleston Parks and Recreation	0.6	Y	N	N	N	N	N	N	N	N	N	N	N
CCC Snipe	Kanawha State Forest	0.8	Y	N	N	N	Y	N	N	N	N	N	N	N
Charleston City Parks	Charleston Parks and Recreation	5	Y	N	N	N	Y	N	N	N	N	N	N	N
Charleston Riverfront	Charleston Parks and Recreation	7.5	Y	N	N	N	Y	N	N	Y	N	N	N	N
Coonskin Fitness Trail	Kanawha County Parks and Recreation	1	Y	N	N	Y	N	N	N	N	N	N	N	N
Coonskin Nature Trail	Kanawha County Parks and Recreation	1.5	Y	N	Y	N	N	N	N	N	N	N	N	N
Cougar	Kanawha County Parks and Recreation	1.4	Y	N	N	N	N	N	N	N	N	N	N	N
Cub	Kanawha County Parks and Recreation	0.4	Y	N	N	N	N	N	N	N	N	N	N	N
Davis Creek	Kanawha State Forest	2.5	Y	N	N	N	Y	N	N	N	N	N	N	N
Elk River Rail	Kanawha County Parks and Recreation	1	Y	N	N	N	Y	N	N	N	N	N	N	N
Fern	Kanawha County Parks and Recreation	0.2	Y	N	N	N	N	N	N	N	N	N	N	N
Fire Road	Kanawha County Parks and Recreation	0.7	Y	N	N	N	N	N	N	N	N	N	N	N
Garden Trail of the Five Senses	Charleston Parks and Recreation - Sunrise	0.05	Y	N	N	N	N	N	N	N	N	N	N	N
Hemlock	Kanawha County Parks and Recreation	0.5	Y	N	N	N	N	N	N	N	N	N	N	N



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Hemlock Falls	Kanawha State Forest	0.8	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Johnson Hollow	Kanawha State Forest	0.8	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Lindy	Kanawha State Forest	0.5	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Logtown	Kanawha State Forest	0.8	<u>Y</u>	N	N	N	N	N	N	N	N	N	N	N
Mary Ingles	WV Scenic Trails Association		<u>Y</u>	<u>Y</u>	N	N	<u>Y</u>	N	N	N	N	N	N	N
Middle Ridge	Kanawha State Forest	3	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Mossy Rock	Kanawha State Forest	0.8	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Northgate Business Park	Charleston Parks and Recreation	0.8	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Oak	Kanawha County Parks and Recreation	0.3	<u>Y</u>	N	N	N	N	N	N	N	N	N	N	N
Overlook Rock	Kanawha State Forest	1.5	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Pigeon Roost	Kanawha State Forest	0.8	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Pine	Kanawha County Parks and Recreation	0.4	<u>Y</u>	N	N	N	N	N	N	N	N	N	N	N
Pine Ridge Trail to Dunlap Hollow	Kanawha State Forest	1.5	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Polecat	Kanawha State Forest	1.5	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Polly	Kanawha State Forest	1.5	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Rattlesnake	Kanawha State Forest	1	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Ridenour Lake	Ridenour Park - Nitro	1	<u>Y</u>	N	N	N	N	N	N	N	N	N	N	N
Rocky Ridge	Kanawha State Forest	2	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Spotted Salamander	Kanawha State Forest	0.3	<u>Y</u>	N	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N
St. Albans Nature	St. Albans City Park	0.5	<u>Y</u>	N	N	N	N	N	N	N	N	N	N	N
Teaberry Rock	Kanawha State Forest	1.5	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N
Trace Fork Canyon	South Charleston - Little Creek Park	9	<u>Y</u>	N	N	N	N	N	N	N	N	N	N	N
Walhonde Water Trail (Coal River)	Coal River Group Inc.	24	N	N	N	N	N	N	N	N	N	N	N	<u>Y</u>
White Hollow	Kanawha State Forest	2	<u>Y</u>	N	N	N	<u>Y</u>	N	N	N	N	N	N	N



West Virginia State Trails Program

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Wildcat Ridge	Kanawha State Forest	2	Y	N	N	N	Y	N	N	N	N	N	N	N
Wine Cellar Nature	Dunbar Parks and Recreation	0.6	Y	N	Y	N	Y	N	N	Y	N	N	N	N

